



MANAGING CONCERNS ABOUT FALLS

## **NJ A MATTER OF BALANCE CONTACT LIST (2022)**

*For program locations and schedules, call the phone number listed for each site.*

### **STATEWIDE**

If your county is not listed, please call the New Jersey Department of Human Services, Division of Aging Services at 609-438-4798 or 609-438-4797.

### **ATLANTIC**

AtlantiCare Health Engagement  
609-677-7507

### **BERGEN**

Hackensack UMC Fitness & Wellness, Health Awareness Regional Program (HARP)  
551-996-2038

### **CAMDEN**

Camden County Department of Health and Human Services  
856-374-6035

Community Planning and Advocacy Council (CPAC)  
856-663-4773 Ext. 214

### **CAPE MAY**

Cape May Health Department  
609-465-1187

### **ESSEX**

Family Connections, Inc.  
973-518-4501

Newark City Department of Health and Community Wellness  
973-733-6430

University Hospital  
973-972-0856  
fallsfree@uhnj.org

## **HUNTERDON**

Hunterdon County Division of Senior Services – Senior Health & Fitness Program  
908-284-6128

## **MERCER**

Princeton HealthCare System, Community Education & Outreach  
1-888-897-8979

## **MIDDLESEX**

Brain Injury Alliance of New Jersey  
732-745-0200

JFK for Life Health and Fitness Center  
732-632-1610

## **MONMOUTH**

All Care Physical Therapy  
732-849-9600

CentraState Medical Center  
732-308-0570  
MOB@centrastate.com

Monmouth Medical Center Southern Campus – Lakewood  
732-363-1900 x22314

## **MORRIS**

NORWESCAP RSVP  
1-888-387-9830 Ext. 2903

## **OCEAN**

All Care Physical Therapy  
732-849-9600

Monmouth Medical Center Southern Campus – Lakewood  
732-363-1900 x22314

## **PASSAIC**

NORWESCAP RSVP  
1-888-387-9830 Ext. 2903

## **SALEM**

Salem County Office on Aging and Disabilities  
856-339-8622

## **SOMERSET**

Somerset County Office on Aging and Disability Services  
908-704-6346  
[officeaging@co.somerset.nj.us](mailto:officeaging@co.somerset.nj.us)

## **SUSSEX**

Sussex County Division of Senior Services  
973-579-0555

## **WARREN**

NORWESCAP RSVP  
1-888-387-9830 Ext. 2903